



## Non-Specialty Mental Health Services (NSMHS): Utilization Assessment

Utilization Data Lookback: 07/01/2024 - 06/30/2025

Procedure Category by Member	
Category	Unique Members
Non-Specialty Mental Health Services	122,609

Procedure Category by Claim	
Category	Unique Claims
Non-Specialty Mental Health Services	1,262,731

Disability	
Category	Unique Members
Non-Specialty Mental Health Services	16,579

Procedure Category by Age Band			
Category	Age Band	Unique Members	Percent Utilized
Non-Specialty Mental Health Services	0-10	12,791	10.43%
Non-Specialty Mental Health Services	11-20	23,610	19.25%
Non-Specialty Mental Health Services	21-30	23,837	19.43%
Non-Specialty Mental Health Services	31-40	24,238	19.76%
Non-Specialty Mental Health Services	41-50	15,647	12.76%
Non-Specialty Mental Health Services	51-60	12,974	10.58%
Non-Specialty Mental Health Services	61-70	7,884	6.43%
Non-Specialty Mental Health Services	71-80	1,178	0.96%
Non-Specialty Mental Health Services	81-90	417	0.34%
Non-Specialty Mental Health Services	91-100	90	0.07%
Non-Specialty Mental Health Services	Over 100	3	0.00%

### Procedure Category by Language

Category	Language	Unique Members	Percent Utilized
Non-Specialty Mental Health Services	English	105,279	85.82%
Non-Specialty Mental Health Services	Spanish	17,162	13.99%
Non-Specialty Mental Health Services	Chinese	169	0.14%
Non-Specialty Mental Health Services	Vietnamese	52	0.04%
Non-Specialty Mental Health Services	Arabic	4	0.00%
Non-Specialty Mental Health Services	American Sign Language	1	0.00%
Non-Specialty Mental Health Services	Thai	1	0.00%
Non-Specialty Mental Health Services	Korean	1	0.00%

### Procedure Category by Race

Category	Race	Unique Members	Percent Utilized
Non-Specialty Mental Health Services	Unknown	74,674	60.87%
Non-Specialty Mental Health Services	White	30,613	24.96%
Non-Specialty Mental Health Services	Black or African American	11,427	9.32%
Non-Specialty Mental Health Services	Asian	2,867	2.34%
Non-Specialty Mental Health Services	Other Race	1,782	1.45%
Non-Specialty Mental Health Services	Some other race	572	0.47%
Non-Specialty Mental Health Services	American Indian or Alaska Native	335	0.27%
Non-Specialty Mental Health Services	Declined	136	0.11%
Non-Specialty Mental Health Services	Not Specified	134	0.11%
Non-Specialty Mental Health Services	Native Hawaiian or Other Pacific Islander	129	0.11%

### Procedure Category by Ethnicity

Category	Ethnicity	Unique Members	Percent Utilized
Non-Specialty Mental Health Services	Hispanic	64,115	52.27%
Non-Specialty Mental Health Services	Caucasian	30,044	24.49%
Non-Specialty Mental Health Services	Black	11,398	9.29%
Non-Specialty Mental Health Services	Other Race or Ethnicity	13,865	11.30%
Non-Specialty Mental Health Services	Asian or Pacific Islander	2,967	2.42%
Non-Specialty Mental Health Services	American Indian or Alaskan Native	280	0.23%

### Procedure Category by Gender Identity

Category	Gender Identity	Unique Members	Percent Utilized
Non-Specialty Mental Health Services	Female	75,855	61.84%
Non-Specialty Mental Health Services	Male	46,537	37.94%
Non-Specialty Mental Health Services	Transgender male/trans man/female-to-male (FTM)	69	0.06%
Non-Specialty Mental Health Services	Genderqueer, neither exclusively male nor female	52	0.04%
Non-Specialty Mental Health Services	Choose not to disclose	51	0.04%
Non-Specialty Mental Health Services	Transgender female/trans woman/male-to-female (MTF)	48	0.04%
Non-Specialty Mental Health Services	Additional gender category or other	34	0.03%
Non-Specialty Mental Health Services	Information is Unavailable	14	0.01%
Non-Specialty Mental Health Services	Non-Binary	7	0.01%

## Procedure Category by Sexual Orientation

Category	Sexual Orientation	Unique Members	Percent Utilized
Non-Specialty Mental Health Services	Information is Unavailable	118,520	96.62%
Non-Specialty Mental Health Services	Straight or heterosexual	3,284	2.68%
Non-Specialty Mental Health Services	Lesbian, gay, or homosexual	248	0.20%
Non-Specialty Mental Health Services	Choose not to disclose	231	0.19%
Non-Specialty Mental Health Services	Bisexual	190	0.15%
Non-Specialty Mental Health Services	Pansexual	80	0.07%
Non-Specialty Mental Health Services	Something Else	63	0.05%
Non-Specialty Mental Health Services	Don't Know	48	0.04%
Non-Specialty Mental Health Services	Information Not Provided	5	0.00%